

PO # \_\_\_\_\_

# LifeSports, Inc. 2012 Order Form



## How to Order

Mail: LifeSports, Inc. 19840 Graystone Rd., White Hall, MD 21161  
Phone (toll-free): 888-288-0503 or 410-823-7000  
FAX: 410-823-5067  
Web: www.spinervals.com  
E-mail: sales@spinervals.com

## Shipping Information

Shop Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: ( ) \_\_\_\_\_ FAX: ( ) \_\_\_\_\_

## Payment Information

Name on Credit Card: \_\_\_\_\_ Email: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
CC #: \_\_\_\_\_ Exp Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_  
Resale ID (for new dealers only): \_\_\_\_\_  
Shipping: (choose one)  UPS 2<sup>ND</sup> DAY AIR  
 UPS GROUND  
Dealer Level: (Circle)    Gold    Silver    Bronze    Non-Program    Other  
Authorized Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PRODUCT TITLE	MSRP	Quantity	Wholesale Price	Extended Amt.
<b>SPINERVALS COMPETITION SERIES</b>				
Spinervals101 - The StartingLine - 689076282888	\$29.95			
1.0 NoSlackers - 689076283885	\$29.95			
2.0 Time Trial Special - 689076285889	\$29.95			
3.0 Suffer-O-Rama - 689076285988	\$29.95			
4.0 MuscleBreakdown - 689076283984	\$29.95			
5.0 MentalToughness - 689076284080	\$29.95			
6.0 Zoot Challenge - 689076284189	\$29.95			
7.0 Uphill Grind - 689076284288	\$29.95			
8.0 Recovery & Technique - 689076286084	\$29.95			
9.0 Have Mercy - 689076284387	\$29.95			
10.0 Ride and Stride - 689076286183	\$29.95			
11.0 Big Gear Strengthw/Team Excel - 689076283083	\$29.95			
12.0 Recharge - 689076286282	\$29.95			
13.0 Tough Love - 689076284585	\$34.95			
14.0 Totally Time Trial - 689076286381	\$29.95			
15.0 Have Mercy - The Sequel - 689076283786	\$29.95			
16.0 Aero Base Builder I - 689076282789	\$29.95			
17.0 Aero Base Builder II - 689076286480	\$29.95			
18.0 Aero Base Builder III - 689076286589	\$29.95			
19.0 BendingCrank Arms - 689076284684	\$29.95			
20.0 The SprintingMachine - 689076283489	\$29.95			
21.0 Aero Base Builder IV - 689076283182	\$29.95			
22.0 Time Trialapalooza - 689076283588	\$29.95			
23.0 Time Saver I - 689076284882	\$34.95			
24.0 HILLacious - 689076286688	\$29.95			
25.0 Aero Base BuilderV - Compilation - 689076283281	\$29.95			
26.0 - The Hardcore 100 - 689076283380	\$39.95			
27.0 - Threshold Test & Suffer Fest - 689076285384	\$29.95			
28.0 - Aero Base Builder VI - 689076285582	\$29.95			
29.0 - Dropping The Hammer - 689076285681	\$29.95			
30.0 - Muscular Endurance PLUS - 689076284981	\$29.95			
31.0 - Endurance BOOSTER - 718122912872	\$29.95			
32.0 - EXTREME Threshold Training - 718122912971	\$29.95			
33.0 - The Pain Cave - 718122913077	\$29.95			
34.0 - Super High Intensity Training - 718122913176	\$29.95			
35.0 - Cycling Technique Focus - 718122913275	\$29.95			
36.0 - Warrior Training - 718122913572	\$29.95			
37.0 - Suffering on the Chesapeake - 718122913671	\$29.95			
38.0 - Develop Technique & Power - 718122913770	\$29.95			
39.0 - Aerobic Base at 10,000 Ft. - 718122914470	\$29.95	_____	COMING SOON!!!	_____
40.0 - Have Mercy!, Part III - 718122914579	\$29.95	_____	COMING SOON!!!	_____
41.0 - Ascending Mountains in Leadville, CO - 718122914678	\$29.95	_____	COMING SOON!!!	_____
<b>SPINERVALS FITNESS SERIES</b>				
1.0 RideStrongwithTeam Clydesdale - 689076282987	\$29.95			
2.0 SweatingBuckets - 689076281881	\$29.95			
3.0 Enter the "RED ZONE" - 689076286787	\$29.95			
4.0 Lean & Mean - 689076285087	\$29.95			
5.0 Fitness Amplifier w/Iron Girl - 718122913879	\$29.95			
6.0 Riding w/Iron Girl - 718122913978	\$29.95			

Total (not including shipping): \$ \_\_\_\_\_

PRODUCT TITLE	MSRP	Quantity	Wholesale Price	Extended Amt.
<b>ON THE ROAD WITH COACH TROY (VIRTUAL REALITY DVDS):</b>				
1.0 Autumn Country Training Ride - 689076284783	\$29.95			
2.0 Lake Placid Training Ride - 9780978890933 0-978890930	\$34.95			
3.0 Tucson Training Rides - 9780978890940 0-978890949	\$34.95			
4.0 Madison Training Ride - 689076285483	\$34.95			
5.0 Louisville Training Ride - 718122912773	\$34.95			
6.0 Tempe Training Ride - 718122913473	\$34.95			
7.0 Kona Training Ride - 718122914777	\$39.95	_____	COMING SOON!!!	_____
<b>TEAM SPORTS TRAINING SERIES</b>				
1.0 No LIMITS! (feat. Ray Lewis) - 718122914876	\$34.95	_____	COMING SOON!!!	_____
2.0 4 <sup>th</sup> Quarter Grind (feat. Ray Lewis) - 718122914975	\$34.95	_____	COMING SOON!!!	_____
<b>SPINERVALS AUDIO CD</b>				
1.0 Fast Legs!	\$16.95			
2.0 MegaWatts	\$16.95			
<b>RUNERVALS</b>				
1.0 Easy Intervals w/Team Clydesdale - 718122911370	\$24.95			
2.0 Treadmill Tempo - 718122911479	\$24.95			
3.0 Cheetah Fast - 718122911578	\$24.95			
4.0 Up, Up & Up!... Hill Climber - 718122911677	\$14.95			
5.0 10K StrengthBuilder - 718122911776	\$14.95			
6.0 Time Saver I - 718122911875	\$29.95			
7.0 Time Saver II - 718122911974	\$29.95			
<b>TROY JACOBSON INSTRUCTIONAL SERIES</b>				
Iron Focus Audio CD	\$19.95			
Eat, Drink Audio CD	\$19.95			
<b>ULTRA CONDITIONING SERIES</b>				
1.0 Ultra Leg-StrengthBuilder - 718122912070	\$29.95			
2.0 Ultra Core-Strength Builder - 718122912179	\$29.95			
3.0 Ultra Full Body with IronGirl - 689076283687	\$29.95			
4.0 Ultra Upper Body - 9780978890902 0-978890906	\$29.95			
5.0 Ultra Total Body - 9780978890919 0-978890914	\$29.95			
<b>IRON GIRL MULTISPORT TRAINING</b>				
1.0 SpinervalsCycling & IronGirl - 689076282086	\$29.95			
2.0 RunervalsTreadmill & IronGirl - 689076282185	\$29.95			
3.0 Strendurance & IronGirl - 689076282284	\$29.95			
<b>STRENDURANCE</b>				
1.0 12-Week StrengthTraining Program - 689076284486	\$39.95			
<b>FLEXIBILITY</b>				
1.0 Yoga for Triathletes - 9780978890926 0-978890922	\$34.95			
2.0 Cross Train for MultiSport - 9780978890957 0-978890957	\$34.95			
3.0 Flexibility for Swim, Bike & Run - 9780978890964 0-978890965	\$34.95			
4.0 Athletic Yoga for Sports - 718122914272	\$34.95	_____	COMING SOON!!!	_____
5.0 Foam Roll Stretch & Recover - 718122914371	\$34.95	_____	COMING SOON!!!	_____
<b>SNOW ANGEL FITNESS</b>				
1.0 Get Moving - 689076281980	\$29.95			
2.0 Get Strong - 689076282482	\$29.95			
3.0 Get Lean - 689076282581	\$29.95			

Total (not including shipping): \$

PRODUCT TITLE	MSRP	Quantity	Wholesale Price	Extended Amt.
<b>BODY WORKS MD</b>				
1.0 The Knee - 9780978890919 0-978890995	\$39.95			
2.0 The Back - 689076285186	\$39.95			
3.0 The Shoulder - 689076285285	\$39.95			
4.0 The Ankle - 689076285780	\$39.95			
5.0 The Hip - 718122913374	\$39.95			
<b>SWIMERVALS SERIES</b>				
1.0 Freestyle Mania	\$34.95			
<b>SPINERVALS MULTI-PACKS</b>				
Aero Base Builder 5-Pack - 718122912278	\$124.95			
StrengthBuilder 5-Pack - 718122912377	\$124.95			
EnduranceBuilder 5-Pack - 718122912476	\$124.95			
Ultimate Interval 5-Pack - 718122912575	\$124.95			
Triathlon Performance 5-Pack - 718122912674	\$124.95			
UltraConditioning 5-Pack - 9780978890971 0-978890973	\$124.95			
FlexibleWarrior 3-Pack - 9780978890988 0-978890981	\$89.95			
IronGirl Multisport Training 3-Pack - 689076282383	\$74.95			
SnowAngel Fitness 3-Pack - 689076282680	\$74.95			
<b>DEALER COMMENTS</b>				

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Total (not including shipping): \$